

# Extraordinary People



**Angela Silvernail Melzer, OTR, MSW**  
Yampa Valley Integrated Health Manager  
SportsMed Assistant Director

... personalized care

*When aging, illness or trauma cause difficult challenges, Angela is there to provide care, hope and a fresh approach.*

*Through the hospital's new Yampa Valley Integrated Health program, which Angela designed, she promotes the mind-body connection as a powerful healing influence. She and her team have created an environment where clients can benefit from both alternative and conventional medicine.*

*Angela says, "My patients and the people I work with have made me appreciate life so much more. I love working at YVMC because it values employees' innovative ideas and encourages growth of patient-centered services that offer a community benefit."*

[www.yvmc.org/people](http://www.yvmc.org/people)

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**YAMPA VALLEY**  
MEDICAL CENTER