

Extraordinary People

... personalized care

Peggy and her patients have been having serious fun at SportsMed ever since we opened the doors in 1989. Her recipe for healing includes compassion, hands-on expertise and a little laughter.

Whether working with patients, managing inventory, training aides or teaching wellness classes, Peggy personifies the high-energy "SportsMed spirit." She especially enjoys helping people transition from physical therapy to new fitness routines.

Peggy says, "SportsMed fits in with our active community. We learn from our patients as they learn about rehab. It's always fun when someone comes back to share a success story or show photos of climbing a 14'er. We love helping people get their lives back."



Peggy Van Vliet
*SportsMed Clinic Coordinator
Mat Pilates Instructor
Personal Trainer*

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MEDICAL CENTER