

# Extraordinary People



... personalized care

*"Pauline, thank you so much for your help with our newborn. We really appreciate your efforts in making breastfeeding a great experience." — A grateful patient*

*YVMC exceeds international and national standards for initial breastfeeding of newborns, due in great part to Pauline. She teaches a free community class, educates the Family Birth Place team and coaches new moms.*

*Pauline says, "The best thing a mother can do for her newborn is to breastfeed. It promotes bonding and provides endless health benefits to the newborn. Being part of a family experience, encouraging and supporting moms to breastfeed independently, is so rewarding."*

**Pauline Kopsa, RN, BSN**  
*Lactation Consultant*  
*Family Birth Place Staff RN*

[www.yvmc.org/people](http://www.yvmc.org/people)

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**YAMPA VALLEY**  
MEDICAL CENTER